

A circular inset image showing a hand holding a white mug of coffee with latte art, with an open book in the background. The image is framed by a thick red border. The coffee has a heart-shaped latte art design. The background shows the pages of an open book. The hand holding the mug is wearing a green knitted sleeve. The entire scene is set against a dark teal background.

Range of wellbeing activities with a Chatty Room, jigsaws, board games, crafts,
'Reading for Wellbeing' and Mindfulness Sessions run by Space to Be Wellbeing CIC.
Opportunity to buy refreshments and home cooked food.*

